

July 7, 2009

TO: Junior Race Committee
FR: Pete Japikse
RE: Sailing Instructions

Thank you for serving as race committee for our youth. You will have prams, sunfish, and laser radials sailing on your course. Expect anywhere from 10 – 25 youth total. Please keep in mind that you will be serving as race committee, protest committee, safety committee, and course setter all at the same time! (Incidentally, when they bump, the youth penalty is a 360 turn)

All the youth participating have successfully completed youth camp and know the fundamentals, however many of these youth are still learning! Our entire focus in the youth program is on fun first--the racing comes second. Do not be surprised if their preference on a hot day is to jump out of the boats and swim between each race! A quick dip is acceptable, but be mindful that it is only legal to swim in the harbor.

Please coach these youth as needed. Please try to coach them all, so that none feel singled out!

The following points should assist you in completing your adventure in youth sailing.

1. The small john boat and the RIB are allocated to the junior racing program--they both need to be used. The john boat is equipped with flag holders, and should be the committee boat. The RIB should be the safety vessel, and should move around the course to coach and help the youth as needed.
2. Both boats and all equipment are stored at the PRAM dock. See Pete or Ken for assistance.
3. Take the following equipment on the course with you:
 - a. The youth marks, clipboard, and flags.
 - b. Youth marks (look like hip-hops) —there should be 3 red buoys, and 2 yellow buoys.
 - c. 4 Signal Flags--P flag (Blue border with white center), Pram flag (Orange with red pram), Sunfish flag (White with black sunfish logo), Laser radial flag (laser on white background, blue stripe on end)
 - d. Whistle or small horn
 - e. Tow line
 - f. Radios – get from Pete Japikse or Ken Irwin. (The youth radios are clearly marked as CLSA Juniors.) Use Channel 69 for youth operations. You can contact the main committee on 68 if you need assistance. (These radios have a keyboard lock feature – hold the H/L button until the beep sounds to lock or unlock the keyboard).
 - g. Anchors, life jackets, throw cushions for each john boat. (Please wear your life jacket)
4. Please take a walk to the pram and sunfish docks before going out, and identify yourself to the youth. We have trained the youth to rig their own boats and help each other, but some of them will still need assistance with rigging.
5. Most of the sunfish and laser sailors can get out of the harbor unassisted. The pram sailors may need help in an onshore breeze.
6. Courses should be set outside of the harbor, to avoid bad air, but still near enough to shore so that there is no possibility of the larger boats crossing through the junior course.
7. **SUGGESTION: Set the junior marks up early, and then go back in to help the youth launch. They will sail out of the harbor much quicker if they have a destination to head to. Do NOT let them sail around in the harbor--there is too much traffic with the big boats going out, and collisions will occur.**
8. The goal is to have at least 4-5 short races. As long as they keep interest – keep going. The sailors will let you know when it is time to quit!
9. Try to be back in to the docks and tied up **before** the first adult fleets start coming back in.
10. **SAFETY ITEM: Do not take the youth onto the water if the wind is over 15 mph. If the wind is 10-15, they are all capable, but may choose to double up--that is acceptable. See Pete Japikse for assistance with scoring if this happens. IF YOU HAVE ANY QUESTION ABOUT CONDITIONS, PLEASE ASK PETE.**

